

## Stress Management Center

1115 Dunlap Road Anderson, SC 29621 / P.O. Box 1424 Anderson 29625

Phone 864-225-0792 Fax 864-226-3968

### Patient Information

First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_  
Date of Birth \_\_\_\_\_ SS# \_\_\_\_\_ Status: M/S/W/D Gender: \_\_\_\_\_  
Cell Phone \_\_\_\_\_ Alternate Number \_\_\_\_\_  
May we leave a detailed message at one or either number \_\_\_\_\_  
Street Address \_\_\_\_\_ City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_ Email Address \_\_\_\_\_

Who is financially responsible for this account? \_\_\_\_\_  
Relationship to Patient and contact Phone \_\_\_\_\_  
How were you referred to our office? \_\_\_\_\_

### Employer/School Information of Patient

Name of Employer \_\_\_\_\_ Occupation \_\_\_\_\_ Yrs \_\_\_\_\_  
Address \_\_\_\_\_ State \_\_\_\_\_ Phone \_\_\_\_\_  
Name of School (If student) \_\_\_\_\_ Current Grade \_\_\_\_\_

### Payment & Insurance Information (If policy is not in patient's name)

Relation to Patient \_\_\_\_\_ Contact phone \_\_\_\_\_  
First Name \_\_\_\_\_ MI \_\_\_\_\_ Last Name \_\_\_\_\_ DOB \_\_\_\_\_  
Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Employer of Insured \_\_\_\_\_ Phone \_\_\_\_\_

### Insurance Filing and Payment:

We are a provider for many major insurance companies. (We are not a provider for any Medicaid Program) Be sure to provide your correct and current insurance card. Patient/Parents of minors are required to pay their coinsurance or copayments on the date of service. It is the responsibility of the patient/parent to make payment for any non-covered services received, which can include but not limited to: phone consultations, records requests, letter requests and late/missed appointment fees.

I understand that payment for my portion of insurance, cash pay or other services is due on the day of service, unless other payment arrangements have been made at the office.

Signature of Patient \_\_\_\_\_ Date \_\_\_\_\_

Signature Patient Representative \_\_\_\_\_ Date \_\_\_\_\_

Stress Management Center  
Important information

- Unpaid balances over 60 days are eligible for outside collection.
- Initial Assessment does not guarantee a follow up appointment at this practice.
- Phone consultations are \$25 for each 15 Minutes.
- There will be a \$25 charge for each text message sent to a Counselor.
- There will be a \$30 charge for any monies returned for non-payment by any institutions.
- A fee of \$50 will be charged to the account for missed appointments OR  
Appointments cancelled less than 24 hours before the appointment day.

This office reserves the right to dismiss any patient who is non-compliant regarding treatment or office policy/ procedures.

Our office transmits information electronically. If information is received in error by a third party, I absolve this practice of all liability.

I understand information will be given to Insurance Companies for payment of my treatment.

Otherwise visits will not be filed and I will pay on a cash basis for services.

I will need to sign an authorization to release any information except to an Insurance Provider.

Signature of Patient \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent or Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ Phone \_\_\_\_\_

Sign and date to give permission to call if needed

\_\_\_\_\_ Date \_\_\_\_\_

I give / do not give my permission to Stress Management Center to share my psychological/psychiatric diagnoses or release information/records to the following persons:

1. \_\_\_\_\_ Phone \_\_\_\_\_ Purpose/ Relationship \_\_\_\_\_ Time Frame: \_\_\_\_\_

2. \_\_\_\_\_ Phone \_\_\_\_\_ Purpose/Relationship \_\_\_\_\_ Time Frame: \_\_\_\_\_

I understand my medical records contain psychological/psychiatric, substance abuse or other information shared as part of my medical records for treatment. I will need to sign an authorization to release any information except to my Insurance Provider.

Signature of Patient \_\_\_\_\_ Date \_\_\_\_\_

Signature Parent or Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

Signature of (2nd) Parent or Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_



Stress Management Center  
Patient Information Medical/Mental Health/Medication

Patient Name \_\_\_\_\_ Birth Date \_\_\_\_\_  
Primary Care Physician \_\_\_\_\_ May we contact \_\_\_\_\_  
Signature of Patient (to contact) \_\_\_\_\_ Date \_\_\_\_\_

Personal Medical/Mental Health \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Family Medical/Mental Health History \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Drug Allergies \_\_\_\_\_  
Food Allergies \_\_\_\_\_

Habits

Smoking \_\_\_\_\_ Packs per day \_\_\_\_\_ How long \_\_\_\_\_  
Coffee \_\_\_\_\_ Other Caffeine \_\_\_\_\_ Type \_\_\_\_\_ Amount total \_\_\_\_\_  
Drugs \_\_\_\_\_ Type \_\_\_\_\_ Frequency \_\_\_\_\_  
Alcohol \_\_\_\_\_ Type \_\_\_\_\_ Frequency \_\_\_\_\_ Amount \_\_\_\_\_  
Sleep Disturbance \_\_\_\_\_ Snoring \_\_\_\_\_ Awakening \_\_\_\_\_ Daytime Drowsiness \_\_\_\_\_

Please use the back of this as the Universal Medications Page to list all of your current medications.

I have read and understand these forms and any and all questions have been answered. I give my consent to treatment and to speak with a counselor.

Signature of Patient \_\_\_\_\_ Date \_\_\_\_\_

Signature Parent or Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

Signature Parent or Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

## Universal Medications

	Name of Medication/Supplement	Dosage	Prescriber	Condition
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				