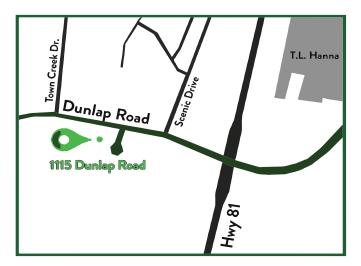
## Carolina Center for Functional Medicine & Stress Management Center Fernview

"Discover The Art Of Living Well ... "

Life adjustments & stress are a natural part of living. When a person starts feeling overwhelmed by a problem, physically or by emotions that cannot be fully understood, it may be time to turn to a professional for support. Our clinicians are licensed, experienced, & fully credentialed. All assessments are completely confidential, provided in a non-judgemental atmosphere & individualized to meet personal goals & needs. We offer a full range of clinical therapeutic services in a peaceful setting, often addressing:

Adjustment Issues Anger Management Anxiety **Behavioral Difficulties** Bereavement & Grief Conflict Resolution Chronic Health Conditions Crisis Intervention Couples/Partner Counseling Debriefing Depression Eating Disorders & IBS Family Conflict Resolution Functional Medicine Life Transitions Migranes & Muscle Tension **Obsessive** Compulsiveness Panic Attacks Post Traumatic Stress Physiological/Body Issues Relaxation Training Self Esteem Issues Sexual Concerns Trauma Resolution

For Information or to Schedule Call: 864-225-0792



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Most Insurances Accepted, Call **(864)-225-0792** To Schedule Or Preauthorize Your Appointment.

75% - 90% of all illnesses are stress related...

Health is a state of complete physical, mental, & social well-being,& not merely the absence of disease

## **Clinical Professionals**

Megan Black, LISW-CP Tanika Fields, MEd, NCC, LPC Todd Gomez, MSW, LISW-CP Douglas Hanner, D.C., FIANM, CST Takeesha Simpson Johnson MA, LPCA Heather Kline Schaffer, Ph.D., M.Ed., LPC Theodoros Koumoundouros, M.D., Ph.D. Celeste Mendez, BSN, MSN, PMHNP-BC Kimberly Taylor, BS, MS, RD LD

## Art of Living Well

Educational Certificate Programs, Seminars, & Workshops

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